

Symphony® Breastpump

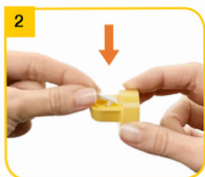
韻律型電動奶泵簡易說明 Quick Start Guide

medela 

配件組裝步驟 Assembly Steps



1 裝嵌配件前請先清潔雙手。
把吸奶喇叭接駁到接駁器。
Wash hands before installation.
Carefully push the breast shield onto the connector.



2 把白色薄膜平貼在黃色活門上，確保中間沒有空隙。
Snap yellow membrane to white valve until membrane lies completely flat.



3 把白色薄膜及黃色活門，打平放入接駁器。
Push the valve head and membrane onto the connector.



4 扭緊接駁器與Medela儲奶瓶。
Screw a Medela bottle onto the connector.



5 把吸管的一端插入喇叭後的小孔內。
Insert the tubing into the corresponding opening in the connector.



6 把吸乳器薄膜置於平面上，然後把薄膜蓋套在上面。吸管的另一端插入薄膜蓋的小孔內。
Place the protective membrane up onto a flat surface. Push the cap into the membrane until it engages. Insert the tubing adapter into the opening in the membrane cap.



7 按機頂上的圓形按鈕，拉起手柄。
Press the oval button on the top of the Symphony and lift the handle.



8 將薄膜蓋緊緊地固定於吸乳器薄膜上，以形成密封狀態。
Position the membrane cap firmly on the breast pump membrane to form a seal.



9 將吸管接頭放置於機頂兩側凹下去的位置。
Centre the tubing connector in the recess in the pump housing.



10 把蓋關上。
Close the lid.

組裝示範短片
Demonstration Video



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1 INITIATE (泌乳啟動) 程序

分娩後直接使用 INITIATE (泌乳啟動) 程序：

l 直到最近三次吸乳中，每次吸出至少 20 mL 乳汁時，或
l 在產後的最初五日。如果在五日後乳腺活化期末啟動，請切換至 MAINTAIN (泌乳維持) 程序。

INITIATE (泌乳啟動) 程序自動運行 15 分鐘，其間停頓數次。完成整個程序非常重要。程序結束後，顯示屏出現 "Program complete" (程序完成) 字樣。吸乳器自動關閉。

Use the INITIATE program directly after birth:

l Until you have pumped at least 20 mL in total in each of your last three pumping sessions, OR

l Throughout the first five days. If secretory activation has not occurred after five days, change to the MAINTAIN program.

The INITIATE program runs automatically for 15 minutes, with several pauses. It is important to complete the full program. At the end of the program the display shows "Program complete". The pump switches off automatically.

2 MAINTAIN (泌乳維持) 程序

在進入乳腺活化期後，使用 MAINTAIN (泌乳維持) 程序：

l 當最近三次吸乳中，每次吸出至少 20 mL 乳汁時，或
l 產後六日，無論發生的是上述中的哪種情況

持續吸乳直至感覺乳房完全排空、變軟 (Medela 建議一次吸乳過程至少持續 15 分鐘)。必須手動關閉吸乳器程序。如需了解詳情，請諮詢母乳餵哺與泌乳顧問或助產士。

Use the MAINTAIN program after secretory activation:

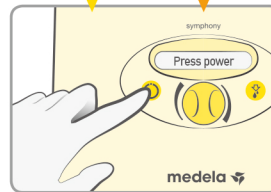
l Once you have pumped at least 20 mL in total in each of your last three pumping sessions, OR

l Beginning day six, whichever comes first. Continue pumping until the breast feels well drained and soft all over (Medela recommends a pumping time of at least 15 minutes). The pump program must be switched off manually. Consult your breast-feeding and lactation consultant or midwife for further information.

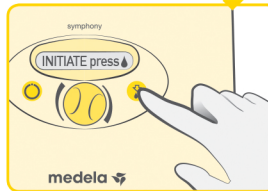
注意：這些快速入門指南無法代替常規使用說明書。更詳細信息，請參閱《Symphony 韻律型電動奶泵使用說明書》。

Note: These quick instructions do not replace the regular Instructions for Use. Please refer to Symphony Instructions for Use for more detailed information.

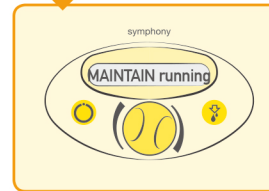
1 INITIATE (泌乳啟動) 程序



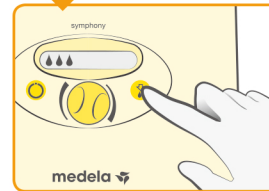
開啟吸乳器
(使用電源按鈕)
Switch on the breast pump
(with power button).



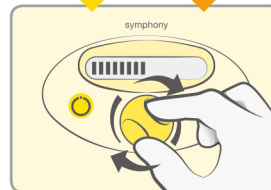
在 10 秒鐘內按下
泌乳鍵。
Press let-down button
within 10 seconds.



刺激泌乳模式啟動。
兩分鐘後，吸乳器將
自動切換至吸乳模式。
The stimulation phase
begins. The breast pump
will automatically
change to the
expression phase after
two minutes.



如果您的乳汁在兩分鐘
內流出，請按“泌乳”
鍵切換至吸乳模式。
If your milk starts to flow
before the end of the
two minutes, press the
let-down button to
change to the expression
phase.



設置舒適負壓：
將吸力調節鈕向右旋轉以增加負壓，
直至出現輕微不適時，再向左轉動
回調一檔，減小負壓，此時達到您的
最大舒適負壓。
Set comfort vacuum:
Rotate the dial to the right to increase
vacuum until there is a slight discomfort,
then rotate to the left to reduce the
vacuum to your maximum comfortable
vacuum.